

# Goddess Temple News

Lammas 2018

Donations Welcome



*The Goddess Temple,  
2-4 High Street,  
Glastonbury, BA6 9DU  
[www.goddess temple.co.uk](http://www.goddess temple.co.uk)*

Lammas is the Goddess Festival at the beginning of August, when we celebrate the Great Mother, She who give us everything that we are and everything we have. She is the bountiful and generous Mother Goddess who brings us to birth upon Her beautiful Earth, who nurtures and cares for us, who feeds, clothes and houses us from the gifts of Her body the

Earth, who sustains, supports and comforts us throughout life. The Great Mother holds us always in Her loving embrace, through our joys and sorrows, and is with us as we birth into the greater life at death.

Here in Glastonbury Avalon we celebrate the Great Mother as Lady of Avalon, Great Mother Nolava, She who is Mother of the Mysteries of Avalon and the Inspiration of Motherworld. We honour Her as Madron, Mother of the lineage of Avallach, from whom Priestesses and Priests of Avalon are Soul-descended. We know Her as Mystress Glitonea, Mother in the circle of the Nine Morgens of Avalon, and we honour Her as Ker, the Grain Mother who gave to humans the gifts of the grain in the ancient Neolithic era, allowing nomadic people to settle on the land for the first times. We are connected to and re-member these Goddess loving ancestors.

Glastonbury Goddess Temple and all that we offer here and at Goddess House, in the Goddess Hall and Goddess Temple Gifts, are an expression of the bounty of the Great Mother, and of ourselves as human beings as we try to emulate Her generosity. Our Goddess Temple began in 2000 when we created our first pop-up Temple in the Glastonbury Experience Courtyard. It was through the generosity of individual Goddess-loving women and men that the Glastonbury Temple came into being and still continues to grow and thrive eighteen years later. Every day of the year volunteer Melissas freely

hold the Temple open to the public. This gifting is part of the ethos of the Temple.

Over the years so many different people have helped to create our Goddess Temple in Glastonbury and we are grateful to each one who has felt the Call of the Lady of Avalon to bring Her Temple into being in the world. Our Temple is supported by donations – gifts of time, energy and money from people visiting the Temple, from Temple supporters, from Goddess Temple Teachings, from our Temple venues and from our Gift Shop.

This generous gifting of many people allows us to bring Goddess alive in the world as we offer all kinds of Goddess Events, Seasonal Ceremonies, Goddess Healings, Embodiment Ceremonies, Oracles and Goddess Teachings to the public. We want the name Goddess to be visible in the world again, so that

She is recognised to be the Divine Mother and Source of Creation.

One of our objectives is to empower women and men to follow their Soul paths, to truly become themselves in the world. We want to help them to earn their livings as Her Priestesses and Priests here in Glastonbury, in the rest of Britain and abroad. Unlike the patriarchal religions there is no established organisation, no grant-making body to which we can turn to support us.

We have to begin from the first principles of abundance which the Great Mother demonstrates for us.

We have an understanding of the continuous spiralling flow of the Lady's energy here in Avalon. She gives so much to us and we have learned to receive Her gifts with gratitude. In turn we give to others and they too receive Her love. Her energy moves through us and them to others and flows out into the world. Energy returns to Goddess in praise and adoration, in care for



Her planet and Her people, in gifts to Her Temples, expanding ever outwards into Her world.

Edwene Gaines, a generous spiritual teacher who brought many groups to Glastonbury from the USA in the 1990s, writes of the four Spiritual Laws of Prosperity, which I have adapted here.

- Seek, discover and follow your divine purpose – which will help you to assign significance to your life and bring a passion to all that you do
- Set clear-cut, tangible goals
- Forgive everyone all the time, especially yourself
- Nithe to the person or place where you have received your spiritual nourishment

Part of our practice as individuals in the Temple is to nithe, i.e. to donate one ninth (from the nine of the Nine Morgens) of our personal profits to the Goddess Temple. The Goddess Temple is a not for profit organisation and in turn we nithe from our surpluses to related ventures. The energy of Goddess is always in movement. Her energy constantly circulates. She is never fixed. She changes everything She touches and everything She touches changes. We live by these principles of Her generous and continuous abundant spiralling flow.

Glastonbury Goddess Temple is the Mother Temple for many people and organisations. Through our Temple the Lady has brought to birth Goddess Temples, Priestess Trainings and Goddess Conferences around the world. These are created and organised by Priestesses and Priests who have trained with us and taken the knowledge they have learned in Glastonbury and applied it to their own lands, their own remembered indigenous Goddesses. Temples and Conferences have sprung up elsewhere in Britain, Italy, Spain, Sweden, Switzerland, Austria, Hungary, America, Mexico, Japan – on many continents – which were birthed here in Glastonbury, from the Womb of Great Mother Nolava, through our Mother Temple.

At this abundant time of Lammass we ask you to express your gratitude to Glastonbury Goddess Temple by nitheing to the Mother Temple, which continually gives you spiritual nourishment. Please make a donation or become a Temple Madron, gifting a regular monthly amount to Glastonbury Goddess Temple. See [www.goddess temple.co.uk](http://www.goddess temple.co.uk)

*Kathy Jones,  
Creatrix and Founder of the Glastonbury Goddess Temple,  
Goddess Conference and Goddess Temple Teachings*

## PAINTED HORSE



*Livvy Adams with her horse, Gunner*

On a Thursday morning I found myself at Homeway Farm which is the base for *Painted Horse* chatting to the co-founder Livvy Adams. I asked her how she got started and she told me that she had always loved horses but her parents would not allow her to have one; so as soon as she had a place of her own she bought a pony to prove to her parents that she could look after a horse. Livvy joined the police force and became a specialist officer dealing with women's issues which were mainly sex crime and domestic violence. Obviously this was a very difficult jobs and Livvy reckons it was the horses that kept her sane through that challenging period of her life.

But it was when Livvy read *The Tao of Equus – A Woman's Journey of Healing and Transformation Through the Way of the Horse* by Linda Kohanov that she had one of those lightbulb moments and thought this is what I want to do. And once she met her business partner Georgie McBurney, Livvy was finally able to put her dream into practice.



What they do at *Painted Horse* is called Equine Re-Wilding. It is a process of connecting fully with nature and learning natural wisdom from the horses; putting the emphasis on being and not doing. Livvy said that because the horses have four feet on the earth they are very grounded and they help people to achieve mindfulness because the horses do not fret about past mistakes or worry about the future. They live totally in the now and when you are with them you become part of the herd and pick up on their energy as they pick up on ours. Livvy has twelve horses and different horses will connect with different people.

Livvy and *Painted Horse* have been doing a lot of work recently with young men who have just been released from prison and it has had a wonderful effect of their lives. You cannot pretend to be something you are not to a horse because they see through you. It enables damaged young men to build trust and improve communication.

Livvy said that she felt her connection with Goddess had somehow always been there but like most of us, it took her a while to realise it was there. The breakthrough moment was when she went for a reading one day and Goddess appeared and after that Livvy starting seeing Goddess everywhere.

As she gets older Livvy said to me that she has come to realise that the patriarchal system is broken and there is too much pain and suffering in the world. The horses allow her and other people to unplug from the system for a while and step into the power of Equus.

*Janet Parfitt, Priestess of Avalon, Editor of Goddess Temple News*



# Happy Lammas from Goddess Temple Weddings



*Happy Anniversary to Mandy and Darin  
who married 2 years ago in the Temple!*

The Wheel of Avalon turns again... the wheat is ripening in the fields around the isle and sunflowers raise their heads to the sun. Lammas is approaching! Here at the Temple we celebrate the Goddess Ker in Her aspect as Harvest Mother, Grain Goddess, Lady of Abundance. Ker's colour is gold and in the heat of the August sun, the grasses begin to turn golden as the earth becomes dry. Our beautiful Tor is the left breast of the Goddess in the landscape and it is wondrous to see the colour change from green to golden.

Lammas is the Festival celebrating the first fruits of Mother Earth's harvest, where we see the first grains of wheat appear, along side ripening fruits, such as apples and pears. The word 'Lammas' is derived from 'loaf mass' and is indicative of how central and honoured is the first grain and the first loaf of the harvesting cycle. The first sheaf would often be ceremonially cut at dawn, winnowed, ground and baked into the Harvest Bread which was then shared by the community in thanks. The first barley stalks would be made into the first beer of the season. The last sheaf was also ceremonially cut, often made into a 'corn dolly', carried to the village with festivity and was central to the Harvest Supper. The corn dolly was made into a Corn Maiden (after a good harvest) or a cailleach, hag or crone (after a bad harvest). She could be dressed with ribbons, even clothed.

Most Handfastings were entered into at Lammas Fair Time in the past. This was when the annual rent was due and country folk gathered. The custom was for single persons of both sexes to choose a companion for the next year. When Lammas Fair time came again they were to wed or separate.

With these warm days and romantic nights, Lammas is a popular time to have your Sacred Wedding. Want to hear more... visit our website:

[www.goddess templeweddings.co.uk](http://www.goddess templeweddings.co.uk)

+44 (0) 781 308 2195

*Iona Jones*

*Sacred Wedding Planner, Goddess Temple Weddings*

## Editorial

Welcome to the Lammas edition of the Goddess Temple News.

Since Beltane Gary and I have celebrated twenty years of marriage in a beautiful ceremony at the Goddess Hall officiated by the wonderful Dawn Kinsella. We had a fantastic day and everything was perfect. But I have always had a few reservations about this time of year because sadly I was not able to have children and celebrating the Great Mother is slightly harder for me. I have nothing but respect for mothers and the amazing job they do but sometimes I do get a bit jealous! But as a carer for my disabled husband I get to do my mothering in a different way. We all have mothering skills and there are so many ways we can use them. And one day we will, hopefully, bring the Motherworld into fruition.

Blessings to you all at Lammas, Janet Parfitt, Priestess of Avalon, Editor of Goddess Temple News.



## *Into the Mysterium of the Lady of Avalon in Glastonbury*

*2019 dates for your diary*

*19th-21st April 2019*

*Go deeper in Her Mysteries in Sacred  
Ceremony, with spoken and sung  
Prayer and Chants, Dance, Deep Healing  
Embodied Presence of the Lady*

*Oracle of Avalon*

*With dedicated Priestesses/Priests of Avalon*

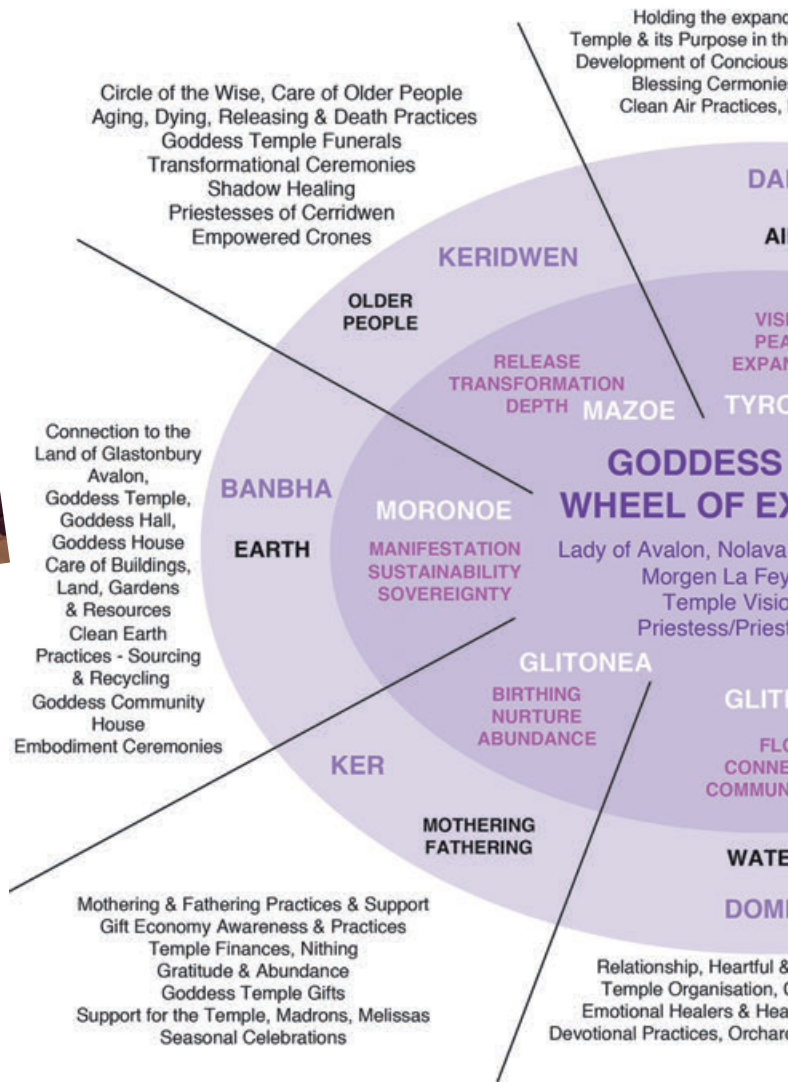
*Look for info in autumn 2018*

*[www.goddess temple teachings.co.uk](http://www.goddess temple teachings.co.uk)*





# Goddess Temple W



**MotherWorld**

**Exploration Day**  
 9th September 2018  
 10am - 5pm

Come and find out about MotherWorld.  
 Join a day of:  
 Talks, Discussion, Future Dreaming,  
 Expression and Ceremony.

More details on [www.themotherworld.co.uk](http://www.themotherworld.co.uk)

Goddess House  
 Magdalene Street Glastonbury

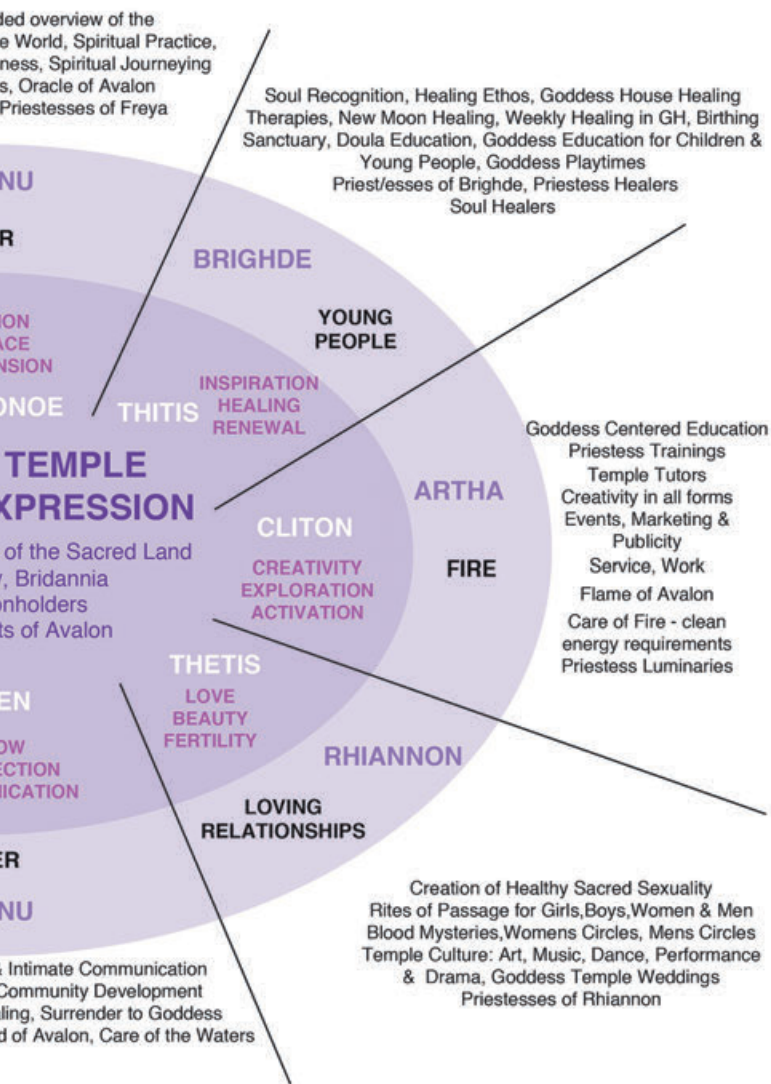
Earlybird £32  
 On the day (if available) £35  
 Potluck lunch to share

Please book your place:  
[info@themotherworld.co.uk](mailto:info@themotherworld.co.uk)





# Wheel of Expression



**THE GODDESS TEMPLE WHEEL OF EXPRESSION** provides a simple way of understanding some of the awareness and activities that we wish to offer through Glastonbury Goddess Temple. It describes all the ways in which the Lady of Avalon, who is Goddess in this Sacred Land, is manifesting Herself through the talents and energies of the people of Glastonbury Goddess Temple. Each word describes something that we are already offering or are hoping to offer in the near future. For example we have already manifested several buildings which we hold as Her Sacred Temple spaces, including the Goddess Temple itself, Goddess Hall, Goddess House and Goddess Temple Gift Shop, which are all cared for by dedicated priestesses/priests and melissae. We hope to continue to grow into a bigger Temple space, to further develop our priestessing and healing practices, our educational outreach, also creating a birth sanctuary with trained doulas and midwives, and a sacred space for the dying. The Wheel of Expression describes the many different areas of life which the Temple aims to encompass in its work for individuals and for the larger society from birth to childhood, to growing up, maturing, aging and dying. Our vision is expansive into a Motherworld-based future.

This Temple Wheel is based on the Motherworld Wheel, which a group has been discussing in meetings held over the last nine months. This Wheel is designed by Iona Jones, Kathy Jones, Katrin Kneupfer and others. If you would like to know more please see The Motherworld Vision on the Goddess Temple website [www.goddess temple.co.uk](http://www.goddess temple.co.uk) or look at [www.themotherworld.co.uk](http://www.themotherworld.co.uk)

# Greetings from all at the Bristol Goddess Temple

Ruth Parham and all  
the Bristol Goddess Temple team



We are deeply grateful for all that has happened here since our first open day on the 5th of August 2017, when the vision of the temple finally took form in the apparent world.

As well as our small group of temple weavers, we now have a circle of dedicated and talented melissas, who give their time, energy and inspiration to opening the temple, helping out at events and spreading the word.

We also have a growing community around us, both locally and further afield, whose response to the temple has been heart-warming – in fact, truly awesome! People have commented that they are grateful to have the temple in their local area, and that they have found a warm, friendly and healing welcome in our beautiful sacred space.

As well as our weekly drop-in times of Wednesdays, 10-12 and Saturdays, 2-6; we hold some popular regular events. New Moon Healing takes place on the Wednesday closest to each new moon, when our very gifted priestess healer, Ruth Cogan, offers spiritual healing in the temple. While children are welcome at any time, we have a Child-Friendly hour just for them at each turn of the Wheel,

thanks to the storytelling talents of Gemma and Alex Hughes. Families can enjoy seasonal stories followed by tea, cake and chat in the kitchen area. Our women's Moonlodge Red Tent on the first Monday of the month is almost at capacity, and we hold a Women's Free-Flow Drumming Circle on the third Monday of the month. Our newest group, also now almost full, is a Purple Warriors circle on the fourth Thursday of the month, for women who are living through any aspect of the menopause.

We had a successful Yule open day, with stalls, workshops and cake, and wood-fired pizza and mulled mead to keep the cold away. Our resourceful melissas organised a raffle and donated a mouth-watering selection of treatments and beautiful items as prizes, which raised money for essential equipment for the temple. At Imbolc we invited them to a ceremony of celebration and thanks for their gifts to Goddess.

We have begun a series of monthly talks on a variety of topics, from local goddesses and sacred sites, to our relationship with death, and spiritual paths from different parts of the UK.

<https://www.facebook.com/BristolGoddessTemple/>  
Email: [goddess templebristol@gmail.com](mailto:goddess templebristol@gmail.com)

## Emotional Healing in Avalon

by Sue Quatermass

Emotional healing is an important part of our transformational journey here in Avalon, it means that we can revisit places of wounding that we have carried for most of our lives, wounding that affects our health and wellbeing and limits our life choices.

It really does take so much energy to keep things as they are, to hold and repress experiences of the past is like using all your available energy to hold the door of an overfilled closet shut. All that energy when released contributes to the healing of our hearts and brings us more into our aliveness, creativity and compassion for ourselves and others.

In Emotional Healing weekends we work with breath, with deepening into the body to feel our true feelings which lie undisturbed like a lost treasure under the sea. Releasing our feelings back into awareness means we have the opportunity to experience a more authentic life, we get to see what is running the story we live from and we get to release ourselves from guilt and pain into a more fulfilled presence.

And in the Autumn I will begin a series of 5 weekends as part of an emotional healing journey through time, starting in October 2018. Please visit the Goddess Temple teachings page on the website [www.goddess temple.co.uk](http://www.goddess temple.co.uk)

If you would like some information about this event please email [sue.quatermass@virgin.net](mailto:sue.quatermass@virgin.net)

## **EMOTIONAL HEALING**

*Coming Home to Yourself*

*with Sue Quatermass*



**Five Weekend Healing Circles**  
**5<sup>th</sup>-7<sup>th</sup> Oct 2018 to 1<sup>st</sup>-3<sup>rd</sup> Mar 2019**

**An Emotional Healing journey to reclaim  
our lives from the places in the past where  
we have been wounded & traumatised  
by events that have happened to us.**

**Info: [www.goddess temple teachings.co.uk](http://www.goddess temple teachings.co.uk)**

**Email: [Info@goddess temple teachings.co.uk](mailto:Info@goddess temple teachings.co.uk)**

**Glastonbury Goddess Temple, 2-4 High St,  
Glastonbury, BA6 9DU**



## Three Spiral Priestess/ Priest of Avalon Training

With *Luna Silver & Kathy Jones*



The best Priestess/Priest training in the world! Open your heart, deepen your relationship to Goddess in Avalon and Her seasons, stimulate your creativity and transform your life for the better.

Open to women and men who love the Goddess and are called to Avalon

**First Spiral: Eight Circles between  
Oct 27th/28th 2018-Sept 21st/22nd 2019**

Email Priestess training also available

**Info: [www.goddesstempleteachings.co.uk](http://www.goddesstempleteachings.co.uk)**

Email: [Info@goddesstempleteachings.co.uk](mailto:Info@goddesstempleteachings.co.uk)

Glastonbury Goddess Temple, 2-4 High St,  
Glastonbury, BA6 9DU

## Priestess of Rhiannon

Two year fully accredited training  
with

### Katinka Soetens

The Magdalene Mystery School  
"Remembering, Living,  
Visioning, Manifesting"



Come and explore your relationship  
to the Goddess of Love Rhiannon.

Deepen your self-love, empowerment  
and sacred sexuality.

Walk the path of a Priestess of Love.  
Starting October 2018



[www.herpathoflove.com](http://www.herpathoflove.com)

[info@herpathoflove.com](mailto:info@herpathoflove.com)

## The Goddess Luminary Wheel Liberating Leadership

Two Year, Two Spiral Training

With **Dr Lynne Sedgmore CBE**



Are you are longing to lead consciously - to liberate, nurture, heal and foster others from your deepest values and from Goddess wisdom? Do you have a dream you wish to manifest and contribute to the world? This course is for you.

**First Spiral: Seven Circles between  
Nov 24th/25th 2018-Oct 19th/20th 2019**

**Info: [www.goddesstempleteachings.co.uk](http://www.goddesstempleteachings.co.uk)**

Email: [Info@goddesstempleteachings.co.uk](mailto:Info@goddesstempleteachings.co.uk)

Glastonbury Goddess Temple, 2-4 High St,  
Glastonbury, BA6 9DU

## The Way of the Völva Norse Shamanka & Priestess of Freya - 2 Spiral Training with Zindra Andersson



Learn the Arts of the Völva, the Practice of Seidr, trance journeying, the skills of the Old Wise Women, learning to love and serve Mother Earth and Goddess Freya.

**First Spiral:**  
Eight Circles between  
**29th/30th Sept 2018-  
10th/11th Aug 2019**

**Info: [www.goddesstempleteachings.co.uk](http://www.goddesstempleteachings.co.uk)**  
Email: [Info@goddesstempleteachings.co.uk](mailto:Info@goddesstempleteachings.co.uk)  
Glastonbury Goddess Temple, 2-4 High St,  
Glastonbury, BA6 9DU



# Priest-ess of Cerridwen

## Two Spiral Training



**Begins Lunar Samhain November 2018** in Avalon/Glastonbury for the first five weekends. The last weekend of each spiral is a pilgrimage to Llyn Tegid in Wales, to meet the Goddess in Her own realm. She, who brings healing and transformation of hearts and souls, asks you to become Her vessel of compassion in this world. Create your own heart & soul connection with Cerridwen, and then support others as Her Priest-ess.



**Cerridwen** - Dark Mother, opening the door to the Otherworld, to Annwfn, calling to the elemental powers of nature, for your journey into personal wholeness. Crystals, herbs, trees, spirits of place, Ancestors, psychic allies - all join in, ready to give of their wisdom, freely and with love. Hear their call, seek your true purpose in this life, allow the healing to begin. No one can walk your path, this training brings in your sacred Self, embrace it with joy and an open heart. She will be there with you, always.



**Bee Helygen** is a Priestess of Avalon & Cerridwen, a Swynwraig Wise Woman, Healer at Goddess House, GT Teacher, Soul Midwife and Gwyddon - Oracle/ Seeress. She serves the Glastonbury Mother Temple as a Weaver and Melissa, and the community as a full time Priestess and Ceremonialist.

[www.cerridwen.co.uk](http://www.cerridwen.co.uk)



For further information or to download an application visit [goddess temple teachings.co.uk/priestessofcerridwen](http://goddess temple teachings.co.uk/priestessofcerridwen) or email [bee@cerridwen.co.uk](mailto:bee@cerridwen.co.uk).