

Goddess Temple News

Beltane 2021
Donations Welcome



Photo by Trevor Nuthall

EDITORIAL

We are so pleased to welcome you to this rich edition of Goddess Temple News at Beltane 2021!

What a year it has been so far for our Glastonbury Goddess Temple, online activities and courses abound as we await with bated breath the moment when we can begin to work in-person again. And that time is finally coming now, with the roadmap out of "lockdown" here in the UK continuing to unfold. Anna-Saqqara, Temple Melissa Mother, describes to us the exciting plans for the Goddess Temple reopening in the first article in our newsletter!

As we enter the time of the blossoming here in Avalon, the gifts of the Lover Goddess are all around us. This is a powerful time for exploring our own sensuality and how we bring our full, embodied presence as Priestesses, Priests and Goddess-loving people into this world. Joanne Foucher describes to us the energies of the Goddess Rhiannon, and how we can experience Her in our daily lives. Anna-Saqqara Price describes how connecting with the spirit of horse, the archetypal power animal associated with Rhiannon, we can create the boundaries in our own lives that we need to reclaim our own sovereignty. Maria Jones, Priestess astrologer, invites us into the workings of the stars and what we can hope to experience between now and Lammas. We also have some wonderful articles from Jade Dalton-Roome on her work on inclusivity and the Goddess, and Iona Jones on a brand new home education project beginning



The Goddess Temple
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Glastonbury, BA6 9DU
www.goddess temple.co.uk

News Editors,
Elsa Field
and Giorgia Farano

News Design,
Paul Williment

in Goddess House. Our community is filled with the energy of spring and new beginnings!

In the offerings from Goddess Temple Madrons, Bliss Russell invokes the Goddess Hathor, Star Mother at Beltane, while Jennifer Murphy leads us through a self-love embodiment practice for the Lady of Avalon.

We hope you enjoy the rich pickings of this edition of Goddess Temple News. As always, we value your comments and feedback at info@goddess temple.co.uk.

*With Beltane blessings
from The Goddess Temple Team.*



Photo by Giorgia Farano

GODDESS TEMPLE RE-OPENING!

Priestess Anna-Saqqara Price

Goddess Temple Melissa Mother

Well we've had a year since the first lockdown started here in the UK, and I am sure many of us have reflected back on the difficulties and changes that this enforced time of isolation and separation from friends/family/freedoms has brought.

The Goddess Temple has had to close its doors for most of this time, opening briefly last summer, but the gift that has brought us is an opening up of our web of connections. I and some of our lovely local Priestesses have been going in daily to light the candles and hold the sacred Heart space for all and I'd like to thank all those beautiful Priestesses and Melissas (volunteers) for sending out those prayers.

Some of us have also been sharing on our Goddess Temple Facebook page little live ceremonies, healings, songs, and guided journeys, to keep you all connected and uplifted during these challenging times. We've also started online Zoom ceremonies to celebrate the major festivals which have been so successful, and such a beautiful way that Goddess has spread her wings around the world. I for one have loved this opening up and have revelled in the challenges to step beyond my comfort zone to connect using modern technology.

I'm sure that these new skills and ways of connecting will continue to grow as we all do, as 'She changes everything she touches' and I do thank Goddess and the Lady of Avalon for holding inspiring and guiding us to open into her changes, whilst still holding that space of love and compassion for all beings.

I'm pretty sure that there will continue to be more challenges and changes to embrace but I



thank Goddess and the Lady of Avalon for holding guiding and continuing to support us all with her ever present love and healing.

So now we're preparing to reopen the Goddess Temple to the public again from the 12 April (when the shops in the courtyard re-open)! We will endeavour be open 2-4pm every day of the week and possibly also 12-2pm (if we've enough Melissas/volunteers to cover).

There will still be a limit of five visitors in the Goddess Temple at any time, so that you can socially distance, the windows will be open, we'll be following all relevant Government Guidelines re: face coverings, hand cleansing, etc, and welcome your co-operation in co-creating a safe space for all, guided by the Melissa holding space for the session in the Goddess Temple.

We also offer private sessions, talks, birthday blessings and ceremonies in the Goddess Temple for families/groups/individuals. There is a charge for this as these events and your visits bring in much needed donations and revenue to support the running of the Goddess Temple, and we pay our Melissas and Priestesses/Priests for their time and training as we believe this is the best way to honour the amazing people who do so much hidden work to keep the Goddess Temple operational.

We have an open on-going Melissa (volunteer) training programme, so if you live locally or visit regularly and would like to volunteer and learn how we hold the sacred space to call in/honour the Goddesses of the Avalonian Wheel and The Lady of Avalon in Her Temple, you'd be most welcome. Do contact me my via Facebook Messenger or email templemelissamother@gmail.com

We look forward to welcoming you back into the Goddess Temple, and to reopening the physical doors of the Glastonbury Goddess Temple, even though Her arms are always open – and in reality Her doors were never shut!

Goddess Blessings.



RHIANNON'S BEAUTY

At Beltane, Avalon is incredibly beautiful. Rhiannon rides her white mare across the land, awakening us all to its sensuality. The Apple Trees are in blossom, the lanes are lined with white hawthorn hedgerows, the grass, trees and all the plants are at their greenest, full of fragrance. In the gardens, the first roses begin to bloom, filling the air with their sweet perfume. Birds sing their beautiful dawn concerts and bees fill the air with their buzzing. We all feel Rhiannon's sensuous touch and her energy rising in our own bodies.



As a priestess artist, I am always inspired by the beauty of the land around me, no matter what season, but I love how the Beltane land vibrates with sensuality. Its beauty opens our hearts to our own beauty, and this is Rhiannon's gift to every one of us: her presence within our own bodies. We can experience her in every moment of everyday and in almost every thing that we do, if we open our awareness to her: we take delight in the white and yellow of daisies and daffodils within the green grass, we breathe in the scent of coffee before we take the first sip from the mug, we turn the music up when our favourite songs are being played on the radio or on our playlists...

All these little delights are possible to find and appreciate even in the busiest of days. But here is a little practice of delight I like to do to connect to Rhiannon on the land (and you don't have to be in Avalon to do this).

On a mild day, set some time apart to be in sacred space with Rhiannon and to take a walk in her Beltane nature. Maybe you have a special place in mind or you can simply ask Rhiannon to take you to the right place. When you feel drawn to sit down on her land, become still and open your senses to her, be ready to receive her abundant sensual gifts. Take off your jumper and roll up your trousers. The air is finally warm again and it's the first time after the long winter when you feel her tender breeze caressing your naked arms and legs – oh how wonderful this feels! Take your shoes off and feel the living earth under your feet, the soft new grass between your toes. What a gentle sensation... Lie down on the earth and let her beauty enter your body – the colour of the sky, the birdsong, the tiny blossoms of ground ivy all around... or whatever it is that grows where you live. Seek out beauty! See what you find and let this beauty delight you. All living beings are vessels of Rhiannon's sensuous energy of beauty – and so are you! Let this sink in in every cell of your body and know this to be true.

Whenever I do this, I return home happy and inspired, and I can't wait to get into my studio to paint or create jewellery or make some pyroart to give back to Goddess and express her beauty in my own way. See what gifts are in this practice for you.

Glastonbury Goddess Temple
Bringing Goddess alive in Her World

Please respect social distancing guidelines, as advised by the Melissa

Current opening times:
Monday - Sunday
12-4 pm

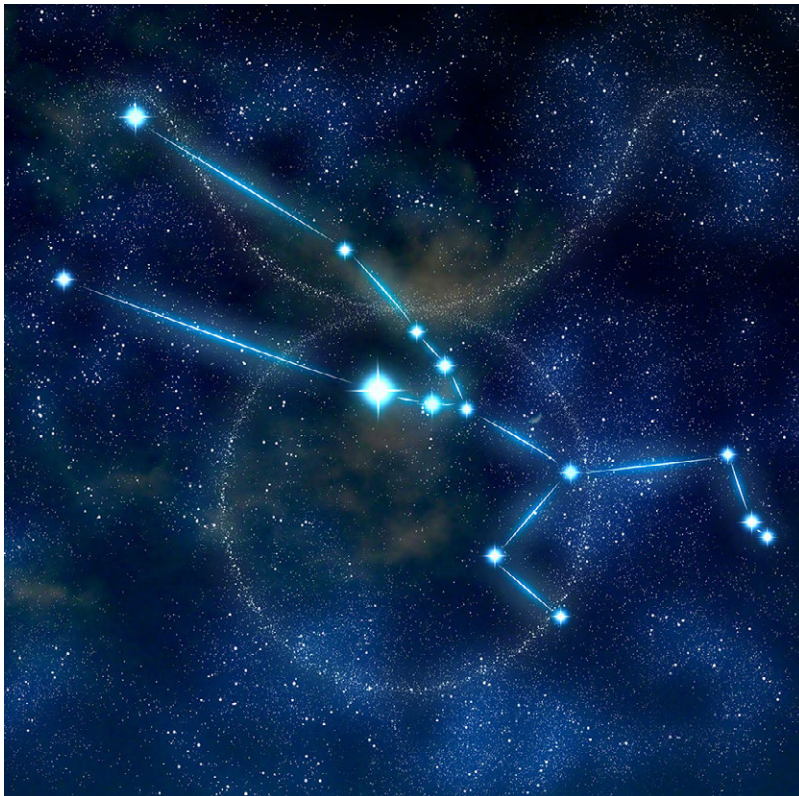
We look forward to welcoming you into this sacred space,
dedicated to the Lady of Avalon

Joanne Foucher
Priestess of Avalon and of Rhiannon

Joanne creates
wonderful Goddess artwork at:

www.joanefoucher.etsy.com

BELTANE TO LAMMAS ASTROLOGY



And so we enter the Beltane season with four planets in the sign of Taurus, the bountiful, blossoming Earth Mother. Taurus reminds us that despite the chaos that surrounds us at this time of shifting paradigms there is still beauty and magic to be found if we choose to become present.

On the 13th of May Jupiter enters Pisces, Her ancient sign of rulership, for the first time since 2010. Jupiter in Pisces acts as a healing balm of compassion and oneness for the division and conflict we are currently experiencing. She reminds us that at our core we are all expressions of the unconditional love of Goddess. Jupiter in Pisces may also make us more prone to excessive or addictive behaviour patterns and denial of reality. Jupiter will retrograde back into Aquarius on the 28th of July and re-enter Pisces on the 28th of December.

By mid-May, the planets have begun to shift into the sign of the Gemini Goddess. She who is the quicksilver butterfly maiden, the cross pollination of knowledge and ideas.

This Season also offers us two powerful eclipses on the Gemini/Sagittarius axis. On the 26th of May the portal opens with a Lunar Eclipse at 5 degrees of the Sign of Sagittarius which calls us to let go of old truths, opinions and fixed ideologies, particularly those of a spiritual, political or religious nature.

With Mercuria the messenger stationing retrograde in Gemini just a few days later on the 29th

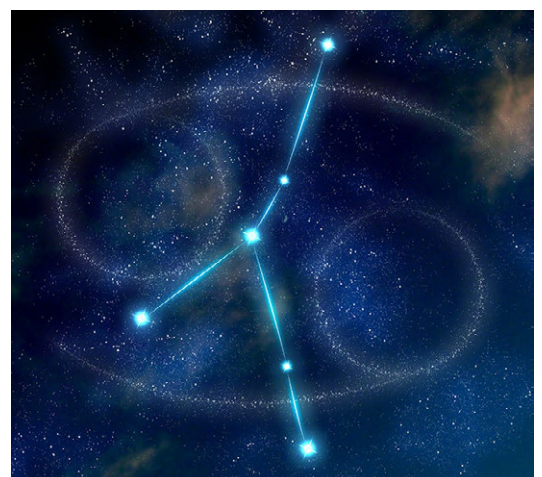


of May, this is set to be a period of re-examining how we think and communicate as tensions once again begin to rise in the collective. Mercuria will begin Her retrograde journey in square nebulous Neptune, indicating that this will be a time of illusion and confusion. We must learn to surrender into the unknown and trust, letting go of our need to understand or control.

Mercuria will be conjunct Sol and Luna at 19 degrees Gemini for the second Eclipse of the cycle on the 10th of June, also in square to Neptune, reminding us that truth itself is relative and ever changing. Life on earth is a constant interplay of light and shadow, polarity and duality are all part of the cosmic design. Mercuria will station direct on the 22nd of June, from this point on the light of clarity and truth will begin to shine once more.

Days later on June the 13th, we experience the second Saturnia/Urania square of the year. This aspect first became active during Imbolc and is the key astrological signature of 2021. Themes of revolution, soul liberation and resistance to tyranny and inequality continue to permeate our reality as our shift into the Aquarian era continues to unfold. With Saturnia now retrograde, we find ourselves at a karmic crossroads. Will we choose the higher Aquarian ideals of co-creation and fairness for all? Or will we descend further into separation and control?

Sol crosses the Solstice threshold into the sign of Cancer on the 20th of June, offering us a moment to rest and nurture ourselves before we transition into a fierce and fiery Leo season as the wheel turns towards the golden light of Lammas.



**Maria Jones is a Priestess of Avalon,
and course tutor for the Silver Spiral.**

**You can find her at:
www.inspirationsforyourjourneybacktoavalon.com**

ROOTS AND WINGS – A NEW EDUCATION PROJECT IN GODDESS HOUSE

Iona Jones, Vanese Hawker and Cecilia DiMartino



Roots and Wings is an alternative education project that is starting in the basement of the Goddess House at Beltane! The project runs on a Thursday and Friday and is for home-schooled children, aged 5-8 years. It is run by parents and educators and offers a unique holistic, child-led learning that supports the mind, body and spirit. We take inspiration from the wheel of the year and offer children opportunities to engage with seasonal cycles through story, ceremony and celebration.

Our vision began one evening whilst sharing songs and dreams in the Avalon Orchards. We agreed that we wanted to offer a space for children to explore who they are and the gifts they were born with. Drawing from our personal experiences and a lot of research, it became clear that we wanted to offer children a container in which they could create meaningful connection – to their innate wisdom, to the wisdom of the Earth, to each other and their community. We felt it was important to work with a deep respect for each child's unique expression and intrinsic desire to learn. We knew that we wanted to hold our children in a structure that provided all that they need to thrive and be all that they were born to be. Practically speaking, we saw that a child-led model was the approach for us, with educators as companions, offering support and guidance, access to good quality resources and modelling positive behaviours. We also saw that plenty of time and space outside for child-initiated play and nature connection was essential.

One of the things we all felt passionate about, including in our daily routine, was child friendly mindfulness practices. All of us have first-hand

knowledge of their transformative power and decades of neuroscience and clinical research has shown mindfulness practices can dramatically and positively impact physical health, emotional resilience, mental clarity and enjoyment of life. The NHS include mindfulness as part of their '5 steps to wellbeing' and yet it can be hard to find these practices within educational settings. With the knowledge that these practices change lives on every level it felt essential to offer them to our children as a core aspect of their education.

We are grateful for the support we have received from the Goddess Temple and the Glastonbury Trust, and are very excited to start this project in one of Her beautiful Goddess spaces! If you would like to find out more information, please visit our website or contact Iona.

www.earthinspirededucation.org
email iona.jones@live.co.uk

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in Her world

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SPIRITHORSE HERD @ BELTANE



Do you feel it? Spring is in the air! As I write this the Hawthorn trees are blossoming, the bluebells and primroses are out, and best of all the grass is beginning to grow, as the days lengthen and the sun gets stronger. Somehow we've managed to negotiate this period of isolation and separation here in the UK. What's got you through? Netflix? Online courses? Zoom support groups? Goddess Temple Facebook lives? All of these have helped me through, but I've been lucky as I have a herd of horses that I'm a guardian to.

These four, now five, wild free beings, who live naturally outdoors all year round, have needed to be fed twice daily during the winter, water topped up and pooh always needs clearing, so it's been a bit of a slog, but I'm so grateful that I'm their 'Herd Mother'. I always find this down to Earth connection with these awesome beings never fails to lift my spirits and I've come to so appreciate the meditation of these basic chores. I'm sure that pooh picking should be a registered therapy as it always works for me, and I thank all the brave souls who come out in all weathers to assist me in the care of the SpiritHorse herd!

As we move towards Beltane on the Avalonian wheel of Bridianna, and the SpiritHorse Goddess wheel, we celebrate the Celtic Horse Goddess Rhiannon, the Sovereign Fairy Queen who rides a white mare. I feel in these times she is encouraging us to speak up, to ask for what it is that we most desire. She is giving us the courage to step up and claim it.

As all the outside ego trappings of who we thought we were have dropped away, our lives have been stripped back to the bare essentials – our old patterns challenged, even our roles and jobs have



had to undergo deep change and transformation, and thank Goddess they have!

Have you been able to embrace this change, with grace and ease? What new skills, gifts has Goddess brought you? What is it that you've learnt this last year? Have you been able to activate your creative fire? Have you been able to step up into the challenges or have you been feeling blocked and shut down by all the restrictions? How one navigates these changes says so much about our resilience and our ability to resource our wild soul freedom from within. And I'm ever thankful for the wisdom and teachings of Horse that has taught me these things.

One of my major teachings has been one of boundaries and learning when to say, "no, that's enough", and gaining the courage of my own self worth to speak up, and set those safe boundaries for myself. It's not easy, but I did it. On the SpiritHorse Goddess Wheel these are the teachings of the Fire Horse and Wild Maiden. For me it's been a year of Fire Horse wisdom, of stepping up, not being afraid to be seen and share my gifts and reclaiming my wild soul activist self.

The horses teach us how to stay fully present, grounded and yet connected to our life force energy, to dance in the flow of Rhiannon the Horse Goddess, to open our hearts, and move in relationship with them. Working with the herd they give us the teachings of boundaries, and when we've learnt that, we can reclaim the power of our wild soul selves and move on to the dance of relationship.

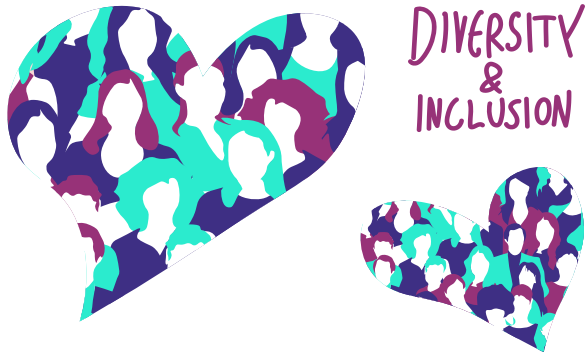


Anna-Saqqara Price

To find out more about working with the SpiritHorse Herd feel free to contact Anna-Saqqara:

email templemelissamother@gmail.com

INCLUSIVITY AND THE GODDESS



Inclusivity in the Goddess community brings unity, and compassion. It allows us to be proudly visible in our differences (what makes us uniquely us) and creates supportive structures for everlasting change in wholeness. It means being on the pulse of the needs of every member of our community, and as the Goddess tells us, there truly is no separation here.

These are the foundation stones to start bringing Inclusivity into our community and daily lives as Priestesses/Priests –

- ✦ **Knowledge:** Calling upon Nolava of Air we can self-reflect on ways we have been misunderstood, separated from others, and disconnected from self. We can also be truthful on where we may have done the same for others. We can share our wisdom in group settings, building resources, and re-educating ourselves on how we can open communication channels and understanding between each other.
- ✦ **Sacred Activism:** Calling upon Nolava of Fire we can consciously choose to realign the companies, and organisations we support with our values. We can honour visibly stepping forward into self/community wide empowerment and embrace and hold sacred rage of those who have been impacted by patriarchy, wrongful gender stereotyping, and colonialism (to name a few). We can also use her courage, and passion to support social, political, and lawful change in our society.
- ✦ **Understanding:** Calling upon Nolava of Water we can bring deep emotional healing, and trauma formed care into our circles, to face our shadows and offer community-wide healing and connectivity. We can flow into new ideas, whilst honouring our ancestry and community past, we continue to follow the rivers into new depths of unity and sharing between us.
- ✦ **Acceptance:** Calling upon Nolava of Earth we can honour holding ourselves accountable with supportive structures of feedback, growth, and skills development available for us all. Honing our crafts, working with nature, and raising



awareness for minority groups that we can support. It is a call to action, and a chance for us to Priestess/Priest with unconditional love, shedding separation, and grounding in unity.

I was blessed to offer a training course on my personal political passion, of Equality and Diversity through the Temple named 'Inclusivity from the Heart Space.' Held over Zoom it was a safe, confidential, and empowered place to learn key terms and ideas in the topic, as well as offering grounded Goddess/elemental informed ways to bring Inclusivity into our work as Priestesses/Priests.

It will soon be offered as a self-guided course on the Goddess Temple Teachings website, which will be able to be accessed at any time to work on at your own pace.

This work has offered me an opportunity to open myself to deeper connectivity, without stereotypes, biases, discriminatory actions, and separation from the truth, which is in the Goddess we are all one.

*Blessed Be from my hearth to yours.
Jade Dalton-Roome, Sister of Avalon*

Glastonbury Goddess Temple Online Goddess Courses

Interactive Online Goddess courses will begin on a particular date with interaction with the Course Tutor, which will continue for the duration of the course.

Priestess and Priest of Cerridwen Interactive Online Two Spiral Course

The course is designed to prepare the student for their own development into a Priestess or Priest of the Goddess Cerridwen, our All Mother, our Dark Mother.

Goddess Luminary Experience with Dr Lynne Sedgmore

Over a series of four interactive workshops, explore the embodiment of your own power, leadership and Sovereignty with Dr Lynne Sedgmore.

The Way of the Völva

Becoming a Daughter of Freyja with Zindra Andersson

The Way of the Völva is to remember and learn how to serve Mother Earth and Goddess Freyja.

You will be learning the skills of the Old Wise Women, building relations to all of life and journeying into the Otherworlds.

13 Moons

with Iris Lican and Lila Nait

This course will help you develop a natural way of living with time in harmony with yourself, with Nature, all your relations and your role in the world.

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www.goddestempleteachings.co.uk/gatewaystogoddess

BECOMING A PRIESTESS VIVIEN WITH KATHY JONES



Last year during the first Covid lockdown I, like many others, walked daily through the fields and byeways of the sacred landscape of Glastonbury Avalon. It was a wonderful springtime because all the traffic had stopped on the roads and in the skies, and the persistent background noise of vehicles was no longer there. Instead a beautiful silence lay behind the humming of insects and bees, the call of the birds. It was a time when we could enter the enchanted lands of Avalon in our physical bodies. I began to explore more deeply my understanding of Avalon and the Secret Lands which lie hidden within the outer Isle.

Over the last ten months I have been writing a new book about the Sacred Hidden Lands of Avalon. The book will hopefully be published sometime this summer. As I was daily walking the land and writing the book I understood that there are new ways to explore the knowledge that is held within the Sacred Isle of Avalon. Within Glastonbury Goddess Temple it takes three years, three Spirals of Training to become a Priestess/Priest of Avalon. Initiation as Her Priest/ess after three or more years is however just the beginning of our service to the Lady, Her land and Her people. We are always becoming Her Priest/ess, and we need to continually develop our own consciousness and our understanding of what that means.



From late August 2021 I am offering a new advanced six circle training course for Priest/esses of Avalon to develop their priestessing skills. It is called, Becoming a Priestess Vivien. In Arthurian legend Vivien, Vivienne, Niniane or Nimue, is the name given to incarnations of the Lady of the Lake. In Sacred Avalon Vivien is an inner teacher of priest/esses in her Priestess Conservatorium. In this new advanced training we will be spending time out on the Sacred Land exploring the thresholds which lead to Secret Avalon and will journey inwardly to the Priestess Conservatorium to learn from Vivien, and to visit other Hidden places.

You can find details of the course for initiated Priest/esses of Avalon here:
<https://goddess temple teachings.co.uk/priestessofavalon/becoming-a-priestess-vivien-2021-22/>

OFFERINGS FROM GODDESS TEMPLE MADRONS

Goddess Temple Madrons are our amazing circle of supporters who donate a monthly amount to the Temple. Madrons receive entry into a monthly membership scheme of content, which connects them to the energies and activities of our Temple and the Lady of Avalon. We aim to offer a devotional path of practice that allows all who wish to journey with the Temple to discover the gifts of the Goddess. This includes:

- ✦ Seasonal prayers connecting you to the land around you and to the Goddess of the season
- ✦ Seasonal video filmed in Avalon
- ✦ Virtual Full Moon Temple, streamed live from the Goddess Temple
- ✦ A private Facebook group for Madrons with additional content throughout the month
- ✦ And much more!

Together, we are creating a thriving, open hearted virtual community of Goddess loving people around the globe, spreading Her love into the world. We are so grateful to our wonderful Madrons, and to all who give to the Temple in so many ways, for your support.

Found out more about becoming a Goddess Temple Madron by visiting:
www.goddesstemple.co.uk/join-the-virtual-temple

HATHOR AND THE STAR MOTHERS OF BELTANE

The Celestial Mother Goddess of the heavens has often been depicted as a cow. Mehet-Weret and Hathor were both said to birth the Sun God, placing him between their horns. The name Hathor translates as 'House of Horus' representing the highest alchemical level as gold of the Sun. This transmutation took place within the womb space deep within Goddess.

Hathor is a Star Goddess, as transformer of light into life. She was often depicted as a vessel, and her symbol is the mirror which captures and reflects sunlight. Hathor was the sky in which the Great Falcon (Horus) flew. As primordial sky goddess of the cosmic ocean, she was Source of the Nile and bringer of all life. Straddling the sky, the Celestial Cow embodied the Milky Way galaxy. Hathor traversed these primordial waters on the Solar Barque each night, the Sun reborn at dawn and placed between her horns.

She assisted at births, as well as rebirthing the dead and renewing the cosmos. She functioned as consort, daughter and mother of the sun, was associated with the night as the Lady of Stars, and as Eye of Ra could be the morning/evening star (Venus). She was honoured as a moon deity and of precious metals and gems. She was the bringer to ejaculation and the divine seed, who also held the weary Sun as he shone his last glimmers in the West at each day's end. The deceased were offered sweet figs from the shade

Welcome to the Virtual Goddess Temple
Explore our new Madron membership scheme



Receive monthly exclusive content from the Temple. Deepen your connection to Goddess and Avalon from wherever you are in the world. Monthly seasonal videos, prayers, discounts & an invitation to a virtual Temple.
www.goddesstemple.co.uk/join-the-virtual-temple

of her sycamore canopy. The sistrum and menat worn by priestesses were both used as sacred instruments of Hathor, mimicking the sound of rustling papyrus, a common offering.

Seven Hathors determined the fate of newborns, woven in scarlet thread. The Hathors held the secrets of soul's knowing for each incarnated being until they reached this attainment themselves. Hathor's festivals were filled with raucous joy and sensuality. Some scholars argue she was a form of the Semitic goddess Baal'at, as shown through inscriptions equating them both as 'Heavenly Matriarch'. Turquoise miners from Sinai traded with Egypt from 2nd millennium BCE, and a temple to Hathor is found near copper mines at Serabit el Kadim.

Mehet Weret, Heavenly Cow, translates as 'Great Flood.' This deluge of the Nile occurs at the time Aurochs, the ancient wild cows, birthed their calves. Seven Hathors are seen as a celestial herd in the Pleiades, observed near the major star within the constellation of Taurus, Aldebaran. Hathor also held association with Hesat, a white cow goddess shown carrying a feast platter with gushing udders of milk, another symbol of the flood. Hathor brings the summer sun between her horns, as the constellation of Taurus (Bull in Latin, or more appropriately, Vacca -'Cow'!) appears in the sky above. A joyous time of feasting, making love, and celebration from the start of May, in ancient times as now in the season of Beltane.

Bliss Russell, Goddess Temple Madron and Temple Priestess from Stroud Goddess Temple, Cotswolds.

This article was compiled from the resource materials for session 12 of the Lunar Womb Temple online course Bliss teaches, which is starting again on 11th May 2021.

You can find details of the full training and sign up at:

<https://www.goddesstemplestroud.com/lunar-womb-temple-training>

EMBODYING THE GODDESS – A SELF-LOVE RITUAL



*My Blodeuwedd by Serena de Gier, acrylic on canvas
reproduced with permission
www.facebook.com/SerenaDeGier/*



*Lady of Avalon,
Lady Nolava
I invoke thee
Great mother (raise hands up to the skies)
Lady of love
I embody thee...*

(These words came with actions of drawing down these energies and visualising Glastonbury Tor-the Tor being where my forehead is, and at the same time bringing fingers to thumb and drawing down arms, bringing them together to meet at your heart.)

(Repeating the above 3 times)

*"Release fear
Send it to light
Give me the apple
I'll take a bite
Open the star-way
Let me see
Lady of Avalon
Carry me..."*

Blessed be, Jennifer Murphy

I have been reawakening my connection to Goddess again for some time now. Amongst my workings daily with her nature and visions and experiences of her through dreams, I feel my connection is reawakening daily.

Yesterday morning I just began singing. Singing words I can only describe as invocation, calling her to me. It began from a dream the night before, with the words in my head 'Embodiment is the only way'. These words stayed with me, and felt so apt and powerful and made so much sense and resonated to so many teachings and practices, that should we want to succeed with them and honour them, we must realise we are part of them-an extension of them through us.

We are the channel, the vessel. And so with these words and thoughts in my head out came these words falling from my spirit and out through my breath.

I must just say, this is most unusual for me, as I've always been incredibly shy about singing-as I don't feel I can sing well at all. I often shy away, and mime words rather than sing aloud. But these words had other ideas. Goddess had other ideas.

As the words came, so too did strong imagery of Glastonbury Tor, Violet skies and deep green grass. The Top of the hill and the Tor stood directly in front of me. As I sung the first lines my hands were pulled up and as I sung the words 'I embody you' My hands drew down from above my head and I could see Avalon flowing into my energy.

This felt so special and I hope you may enjoy this too.

The Weave of the Great Mother
Online film series introduced by Kathy Jones

With Priest/esses of Avalon Marga Nobell, Sarah Perini,
Aline Castell, Laura Ghianda, Luiza Frazao,
Freddie Finotto, Jana de Madrid and Maya Vasallo

The Weave of the Great Mother is a new Goddess learning opportunity, an invitation to open the doorway into a rich world of transformation within the Mystery of Goddess, as She appears in some of Her many forms.

Each experiential online session lasts up to one hour or more, and includes an introduction to the Goddesses of that land, followed by participatory sacred journeys and practices.

Enroll now!

www.goddesstempleteachings.co.uk/gatewaystogoddess/

BELTANE POETRY

Lover Nolava



Lover Nolava
This Beltane day
we stream on fast white mares
swim the seven seas
sing from sacred mountains tops
soar to mother star
dance all the colours of the maypole
My soul bows deeper than it ever could before
touched by your embrace
feathering my skin with
your breath of holiness
Nolava my Lover
Beloved of us all.



Dr Lynne Sedgmore



