



The Goddess Temple  
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[www.goddestemple.co.uk](http://www.goddestemple.co.uk)

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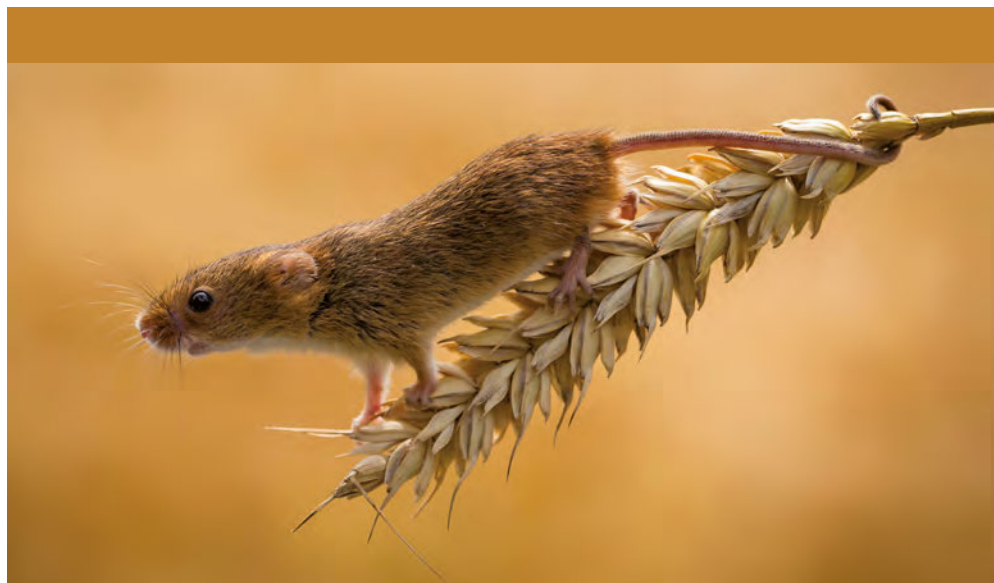
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# *Goddess Temple News*

Lammas 2025

Donations Welcome



## *LAMMAS – Art, a Response to being*

There is an abundance of everything in Glastonbury, all things new age and spiritual are here, and here too, finally after thousands of years of being hidden, here is the place of the Goddess emerging into the world after the long forgetting of our ancestors.

Glastonbury, and its otherworldly counterpart Avalon, are steeped in ancient mystery and mythology, a place of creative imagination and awakening. The land here is potent with Her life force – flowing into us, through us, becoming us, breathing into us as Her presence and love. This sacred land of Avalon is where we can connect into the roots of our ancient knowledge and birth our inner Goddess to be seen and known. Inspiration comes as we breathe Her in.

Did you love to create when you were younger, did you love the act of making, drawing, painting. But being an artist wasn't a choice for so many, especially women, especially in a school system that taught art as a by-product in the curriculum, suppressing our creativity instead of nurturing it.

You see Art was never a felt experience then, just a copying from life placed in front of us. This, unfortunately, is the limitation of patriarchy and consequently AI, that we are taught to see and be what is around us, not access what is within us.

So where were the images of Goddess on the walls of our houses when we were growing up, where was She written about in the books we read and in the images we were surrounded by. The Goddess was truly eradicated from memory for so long... but it is time now to remember and awaken, to bring our creativity back and to make the images that resonate so deeply in our souls. To have those images in every home, every temple, every office, every space where we are reminded every day of who we are and that the Goddess now is being fully remembered.

And so I invite you to discover the REAL EXPERIENCE OF ART, of feeling and connecting into the Goddess in you, in the ancient landscape of Avalon.

It's a totally different way of experiencing creativity, a reclaiming of ways to create that our ancestors knew way before the great forgetting, back in a time when we as human beings created in the sacred flow of our lives, everyday, in every way.

When we are connected to the Goddess in our making, She is our Muse, we are following our souls yearning to make images from our deep connection and experience of Her. The focus changes, art then is not an act of doing but rather a response to being. We see not with our patriarchal conditioned eyes but with our Goddess loving hearts, and when we create from that place, the magic begins to unfold... Let the art you create be in the flow of your life and join me and Goddess artist Tiana for a weekend of Goddess art on August 9/10th in the Temple of the Creative Arts in Glastonbury.

*Susie Quatermass, Priestess of Avalon, Priestess of the Goddess, Sculptress and artist,  
Sister of Sheela na Gig, Creatrix at Goddess Temple Gifts*

# Lammas Alchemy: The Sacred Teachings of the Goddess Boann



Knowth passage tomb, Bru na Boinne

As we move into August and the wheel of the year turns, we move our attention towards the life-giving Mother Goddess, who embodies creation in its purest form. This is the Goddess as the fertile earth, the nurturing river, and the abundant harvest. Lammas, the golden threshold between the height of summer and the ripeness of autumn, marks a time of gratitude, abundance, and necessary sacrifice. In my book, *The Sea Priestess – An Inner Path*, Lammas takes on profound significance through the presence and mythology of the Goddess Boann. Boann, is the Irish Goddess of the River Boyne, and she offers us a powerful tale of abundance, wisdom, and the sacred nature of sacrifice. She is a figure rich in Celtic symbolism, deeply connected with both creation and surrender.

Boann is a member of the Tuatha Dé Danann, and her story is passed down to us through the oral tradition of Celtic Mythology. The Tuatha Dé Danann were a divine race whose wisdom was said to be that of the Gods and Goddesses. One potent myth of Boann recounts how she approached the sacred Well of Segais, known as the 'well of wisdom.' In her desire for this wisdom, Boann walked anti-clockwise around it, and in doing so, the waters of the well surged out, creating the River Boyne, but ultimately killing her. This is the myth of the Goddess as keeper of wisdom and knowledge. She holds the lands and the water in balance. She is the creator of life, who at times can be violent and unexpected. She embodies the divine paradox at Lammas, that life is intertwined intimately with sacrifice, and creation is woven with loss.

Lammas invites us to reflect upon this same divine paradox in our own lives. It is one of the reasons I enjoy painting. You begin with an empty canvas, and then you are painting, and something begins to emerge, but it's not quite what you had in mind. This is where courage is needed. Being bold enough to let that first, and maybe second, third or even fourth creation die, so that what needs to come through the canvas can. It is the same with writing. We begin, but the art emerges through editing, which involves knowing what to keep and what to delete. The saying "killing our darlings" is very apt. It can be hard to let that first try go, and yet I have found that in doing so, that is where my best creations live. We must accept that this release is not a loss, but a conscious surrender, a sacred act of letting go to make space for a deeper, richer result.

Lammas is a threshold that tests our courage to let go of old patterns and beliefs. This practice of sacred surrender is a fundamental teaching on the path of the Sea Priestess. My upcoming Sea Priestess course is deeply inspired by the rhythms of Avalon and the teachings of the Goddess as she expresses herself in the land and waters here. The Sea Priestess is a guide and a navigator who embodies the subtle yet powerful alchemy of releasing old paradigms to receive new, life-giving wisdom, a journey perfectly exemplified by Boann's story.

At Lammas, we recognise that sacrifice is not about loss but about consciously choosing growth. The concept of sacrifice has often been misunderstood or clouded by historical misconceptions.

The definition of sacrifice is "a surrender of something of value, in order to gain something more desirable" (Collins English Dictionary). We often think of sacrifice in terms of violence or coercion. However, within the Goddess tradition, sacrifice returns to its roots, meaning to make sacred. We willingly surrender old beliefs, stagnant energies, and limiting patterns to attain a greater spiritual understanding and a deeper union with the Goddess within and around us.

This sacred act is beautifully symbolised in tarot by the Hanged Man, who represents a willing suspension of control, a voluntary surrender to a greater, transformative understanding. Lammas thus invites each of us to consider: what beliefs, attachments, or fears have we outgrown? What old dreams must we lovingly release to welcome fresh inspiration? Just as the grain must be cut and threshed to feed us, our inner landscapes must sometimes undergo a symbolic harvesting to nourish our souls.

To embody this wisdom, consider practising an exercise of conscious surrender at Lammas. Make a small altar to honour this time of the year, a candle, some flowers, and things that are representative of Lammas for you. Allow yourself to bring forward those aspects of your life you feel ready to release. Breathe deeply, visualising these attachments as gentle tides retreating into the ocean of universal consciousness. You can, if you wish, imagine Boann's river carrying these old patterns away, cleansing you, making space for new wisdom and abundance to flow into your life.

Ultimately, Lammas is a powerful reminder that in every act of sacrifice, there is an invitation to deeper spiritual alignment, a call to step courageously into new life. The river Boyne, Boann's creation, once unleashed, became a source of nourishment, wisdom, and abundance for generations. Similarly, when we bravely surrender what no longer serves us, we create fertile ground for the Goddess's abundant gifts to enter our lives.

*Louise Tarrier is the author of "The Way of the Sea Priestess – an inner path", she is also the Centre weaver for the Sacred Birth Centre in Glastonbury. Her transformational course "The Sea Priestess" begins in Glastonbury in September 2025." You can read more from Louise and listen to her podcast, "She Changes," by visiting her Substack. <https://shechanges.substack.com/>*



**The Temple of the Creative Arts**  
*presents*



**Weekend Art Workshop**

with Goddess Artist Tiana and Goddess Sculptress Susie Quatermass

**9<sup>th</sup> & 10<sup>th</sup> August 2025**  
**Glastonbury**

 No experience necessary, just a curiosity to explore. Materials will be provided, and booking is essential [goddestempleteachings.co.uk/weekendartworkshop](https://goddestempleteachings.co.uk/weekendartworkshop) 

## *The Sacred Birth Centre*



Birth is one of life's most profound and transformative experiences, yet too often, the voices of birthing parents go unheard. At the Sacred Birth Centre, we believe that every birth story matters, whether it was empowering, challenging, or somewhere in between. By sharing your experience, you help break the silence, build understanding, and contribute to a movement that reclaims birth as a respected, supported journey.

### *Why are we collecting birth stories?*


- ❖ To Change the Narrative – Too many parents experience trauma, fear, or disempowerment in birth. By sharing real experiences, we shed light on the gaps in maternity care and work toward better support systems.
- ❖ To Inspire and Educate – Your story has the power to inform and encourage others, helping expectant parents navigate their own birth choices with confidence.
- ❖ To Advocate for Change – Every shared story strengthens our *#ChangeTheNumber* campaign, which aims to reduce birth trauma and improve maternity care.
- ❖ This August, we want to hear your story. Whether you had a home birth, hospital birth, cesarean, induction, or a loss. Your experience is important, and by sharing it, you become part of a growing movement to create more awareness, more support, and better outcomes for future parents. Connect with us at <https://www.sacredbirthcentre.org/birthstory> to share your story, whether written, recorded, or as part of a conversation. You can remain anonymous if you prefer.

At the Sacred Birth Centre, we honour the initiatory experience of Fertility, Pregnancy, Childbirth, Motherhood and Parenthood in people's lives. We campaign to reduce birth trauma and raise awareness, whilst providing holistic pre- and postnatal services and training for Doulas, Birth Keepers and mums-to-be. You can connect with us here: <https://www.sacredbirthcentre.org>

GODDESS TEMPLE TEACHINGS  
PRESENTS A NEW IN-PERSON COURSE  
IN GLASTONBURY



# SEA PRIESTESS

A JOURNEY INTO THE  
AVALONIAN MYSTERIES  
WITH  
**LOUISE TARRIER**  
author of *The Way of the Sea Priestess*



*Immersive, soul-deepening course that weaves the wisdom of the sea, the stars, and the sacred land of Avalon into a path of personal and spiritual awakening*

**FROM 27<sup>TH</sup> SEPTEMBER 2025**

[GODDESSTEMPLETEACHINGS.CO.UK/SEAPRIESTESS](https://GODDESSTEMPLETEACHINGS.CO.UK/SEAPRIESTESS)  



# The Empress

Lammas, for me, is the time of The Empress, one of the key Major Arcana cards. These are the cards that show up at Threshold, or Gateway moments on our journey. The Empress is often depicted on a throne in the Tarot, crowned with robes to show her sovereignty and feminine power. She is counterpoint to The Emperor card.

In the *Motherpeace Tarot*, created by Vicki Noble and Ken Vogel, The Empress is lounging on the grass with her robe draping her in a lush spontaneous way. We see a mature, sensual and relaxed woman connected to the natural world. She resonates great presence but not the patriarchal idea of power over – or control. The Empress has power alright but it's a soft, co-creative, generative power.

She represents the Great Mother Goddess and her attributes of true abundance and harmony. She represents our work of building new ways of being together, of holding power with each other, building trust and possibility. She is surrounded by key ancient goddess artefacts; the carving of the Donii of Laussel with her bone menstrual calendar from France, the statue of the Grain Mother of Çatalhöyük in Türkiye and a freeze representing Demeter as the grain goddess of Greece.

The threshold The Empress is offering us represents letting go of the illusion of control. Control is always an illusion. In the Avalonian path, we learn the legend of Demeter as empowerment threshold for both Persephone, the daughter, and Demeter, the mother. Demeter goes through a season of desperate grief as she learns to let go of her daughter into adulthood, and then negotiates a new relationship with her in which they can both flourish and follow their paths.

The Empress is the mature woman who has relinquished the impossible patriarchal demand of staying always young, and embraces the sensuality of her mature embodiment. Connecting deeper with her embodied nature, with the natural world, and with her inner wisdom the Empress understands more deeply, and claims her sovereignty on her own terms, not in relation to anyone else.

In a reading The Empress signifies a need to embrace this threshold; it's time to let go, and refocus on ourselves and our own journey. She can also herald a new cycle of self nurturing, abundance and growth. But only when we embrace the seasons within ourselves, the wheel turns, and we re-turn to our centre. It's there that we discover that all of the Wheel remains inside us, waiting for us to return home to ourselves to nurture new beginnings.

May the Empress bless you as we enter this season of Lammas, the first harvest.

*I offer Readings from the Motherpeace Tarot, which can be combined with Deep Soul Healing, via Goddess House (online sessions available) contact: [goddesshousehealing@gmail.com](mailto:goddesshousehealing@gmail.com) And if you'd like to learn more about the Tarot in a Goddess focused way I am offering a course starting this September in Glastonbury. Over seven Saturdays we will use creative exercises to connect to our intuition and lock in our knowledge of the Tarot Deck. The course is open to anyone wanting to deepen their understanding of the Tarot.*

For information and to book: <http://goddess temple teachings/tarot/>

Katie Player, Priestess of Avalon



GLASTONBURY GODDESS TEMPLE

# LEARN THE TAROT

WITH PRIESTESS  
**KATIE PLAYER**

7 SATURDAYS

IN-PERSON PRACTICE-  
BASED COURSE

FROM 20TH  
SEPTEMBER 2025

Katie teaches an intersectional feminist and Goddess loving way to read tarot

for information, programme, dates, fees, visit  
[GODDESSTEMPLETEACHINGS.CO.UK/TAROT/](http://GODDESSTEMPLETEACHINGS.CO.UK/TAROT/)








GLASTONBURY GODDESS TEMPLE


# LAMMAS Ceremony

Saturday  
9<sup>th</sup> August


7:30 pm

Goddess Hall




 BA6 9NB  
By donation

Join our Facebook event for updates and songs  
art by Wendy Andrew



[goddess temple.co.uk](http://goddess temple.co.uk)



Goddess Temple Teachings presents

# LAMMAS SYMPOSIUM



**ONLINE**

**25-29 AUGUST**

**FREE**

Are you intrigued when you hear mention of Freyja, The Norns, Runes or Seior?

Discover and deepen your connection to nature, the earth, the divine and the old wisdom.

Become part of the healing and change so needed in our world.

## THE PATH OF THE VITKI / VÖLVA



**TASTER DAY IN-PERSON 6 SEPTEMBER**

6 weekends in-person in Glastonbury

Explore the Ancient Nordic Wisdom Tradition and its Animistic and Shamanic Spiritual Practices

**WITH**

### OLOF LINDBQVIST

From 13th February

**2026**


[goddess temple teachings.co.uk/nordicwisdom/](http://goddess temple teachings.co.uk/nordicwisdom/)




# SILVER spiral

Star Priestess/Priest Training in Goddess-centred Astrology

with priestess Maria Jones



Spiral One, Eight Weekends Starts 21st March 2026

TWO OPTIONS  
IN PERSON IN GLASTONBURY  
ONLINE



# *A Lammas Walk in Avalon: by Morgen Priestess of Avalon, Carol Morgan 4.5 miles/7.5 km – 2.5 hours or 3 miles/5 km – 1.5 hours*

*Before you start your pilgrimage, you might like to visit the Glastonbury Goddess Temple and place a tealight on the altar of Goddess Ker, Great Mother of us all, in gratitude for all She gives us. Her Temple will be dressed in gold, the colour of the land at High Summer, the season of Lammas.*



Descend the Temple steps, cross the courtyard of the Glastonbury Experience and turn left into the High Street. Round the corner, left, into Magdalene Street and continue straight, up Fishers Hill, turning left at the end into Bere Lane. Before you reach the mini-roundabout at the top, cross this busy road at the zebra crossing and turn right into a passageway immediately after. Follow the path, continuing straight, before turning left to pass the Rural Life Museum. Walking up the slope towards Chilkwell Street, cast your eyes upwards to see Chalice Hill above you. Cross the road and turn right. You may wish to sit and reflect on Jon Minshull's beautiful depiction of Hieros Gamosa – Sacred Union – as part of your Lammas Pilgrimage. Continue along Chilkwell Street until you reach a side road on the left just past the entrance to the Chalice Well Gardens. Turning left into Wellhouse Lane, you will come upon the Holy Waters of Avalon, with a tap for the Red Well on the left-hand side of the road, and a tap for the White Spring on the right. Time to refresh yourself and your water bottle!

Continue walking up Wellhouse Lane until you reach a gate on your right standing diagonally back from, and higher than, the road. Go through the gate and follow the mown path

across the Fair Field, passing close by the Blossom Circle of crab-apple trees. When you reach the path on the other side of the field, turn left and go through the gate heading up the Tor. Climb the stepped path up, counting the steps as you go. At the 51st step, marked by a large stone on the left of the path, take a small path on your right leading out along the side of the Tor. Pause to look behind you to catch a lovely view of the top of Chalice Hill which arises behind the marker stone. Chalice Hill represents the pregnant tummy of the Mother Goddess in the landscape. Her Morgen Crows nest in the trees on the hill. This is the perfect spot from which to caw-caw-call to Mystress Glitonea, the Morgen Crow of Lammastide, and ask Her to accompany you as you journey through Her sacred land. See Her flying towards you, a golden ear of corn in Her beak symbolising Her abundance. Follow this undulating path, with the top of the Tor on your left and views across the Somerset countryside on your right, until you are adjacent to the tower. Continue along the path into the trees and through the magical faery wood on the underside of the Tor; notice the elven doorways in the tree trunks. Pass the fallen tree and continue on the path as it bears left and becomes stepped. Continue along the path at the top of the steps. As you approach the archway, ignore the stepped path on your left and pass through the gate under the arch into the Orchard of Avalon. The atmosphere here is deeply imbued with the presence of the Lady of Avalon. Rest awhile. Breathe. Dream. Feel Her spirit, restoring you, healing you.



You may choose to linger a while, sitting on the seat by the faery tree at the top absorbing the view or taking the steps down into the Orchard and wandering amongst the apple trees. This is a beautiful place to simply be.

When you're ready, leave through the gate under the opposite archway from where you entered. Follow the mown path down the slope to join the main path and head towards the main gate. You might like to linger at the Bridie Stone by the gate: gather three small stones and try to ring the bell by throwing the stones at it. If you succeed, make a wish! Walk through the gate into Wellhouse Lane.

*For those wanting a shorter walk, turn left and proceed down the lane. Further directions will be found later...*

For those continuing their Lammas Pilgrimage, turn right. As the road bends right, take the lane on the left. This is Stone Down Lane, found on medieval maps. Continue along this old, characterful lane as it heads downhill. After one-third of a mile / half a km you will come to a wooden gate with a style on your right. Climb over the style into the field beyond and follow the public footpath, which initially runs alongside the hedge, across the field. Notice the magnificent oak tree standing in the middle of this buttercup field. It provides shade and protection for the cows that often graze here. Pass by a farm gate on your left and continue along the path as it runs parallel, and then adjacent, to the hedge. As the path bends slightly towards the Tor, it offers an unusual view of our sacred hill. Further on, the path passes a second farm gate, and then a third as it rounds a hedge. As you, too, round the corner, you will see a style under a pretty ash tree ahead of you. Climb over the style and follow the path across this last field. On your right is a steep hill with another ash tree atop, with the Tor rising higher behind and beyond to the left. The layered levels, clearly visible here, have traditionally been defined as strip lynchets for farming, an interpretation supported by the high sea levels of ancient Avalon. However, given their proximity to the Tor, a spiritual interpretation, perhaps of a processional way ritually linked to the labyrinth on the Tor, also seems very plausible. As the path continues, the view opens out to an interesting and lesser known picture of the Tor. Head for the style in the bottom left corner of the field. Climb over the style and turn right into Gipsy Lane. Shortly, you will come to a junction where you will turn right into Basketfield Lane. Walk up Basketfield Lane to the top,



where it meets Stone Down Lane, and turn left, returning to the entrance to the Tor.

*Those who opted for the shorter walk continue from here...*

From the entrance to the Tor, continue walking down Wellhouse Lane. Disregard the turning on the right and carry on. Ignore the first small wooden gate you pass on the right too but go through the second. Be careful not to stroll on past this gate because it is hidden in the hedge, especially in summer. Cross the corner of the field at a fairly tight diagonal to a metal gate half-way along the left-hand edge. Pass through the gate to enter a green pathway. Go through the gate at the end and pause beside the wooden farm gate to enjoy an iconic view of the Tor. On resuming your walk, continue straight as the path joins the road and continue straight again, along the path, as the road bends round the corner a little further on. Go through the metal gate into the field at the top of Bushy Coombe. Take the path on the right which leads down into the coombe itself where the Lammas Fire is held each year. Your Lammas Pilgrimage is coming to a close now and this nurturing space is a fitting place to thank Mother Ker for Her presence and Mystress Glitonea for Her guidance.

Reflecting on all you have received, continue on the path across the grass to the gate on the far side which leads into Dod Lane. Walk downhill to the junction and turn right into Chilkwell Street. Cross the road at the traffic calming feature and turn left into Silver Street, which will lead you back to the gleam and glamour of Glastonbury High Street, a short distance up from the Goddess Temple. Blessed be.





## Goddess Ker at Lammas

Golden Mother of the grain  
Ker, who walks the ripened plain,  
Your breath stirs wheat in amber seas,  
Your voice hums low upon the Lammas breeze.  
Crowned in stalks and woven sheaves,  
You dance beneath the sunlit eaves.  
The sickle shines with sacred art,  
A song of endings and a fresh start.  
Lady of the first full store,  
We heap your gifts upon the floor.  
Barley bread and honeyed wine,  
The fruit of field, the work divine.  
You taught the seed to rest and rise,  
To break the dark, to kiss the skies.  
In every loaf, your spirit stays –  
The warmth of hearth, the turn of days.  
Ker, in gold, we call your name,  
By ash and oak, by flame and flame.  
We give you thanks with open hands,  
The pulse of life that feeds the land.  
At Lammas when the wheel is wide,  
And summer leans to autumn's side,  
We honour you with song and flame –  
Grain Mother, keeper wild and tame.  
So bless the fields, the bread, the womb,  
And guide us through the thinning bloom,  
Until final harvests fuller grace –  
We meet you in the reaped embrace.

*Patricia Sutherland, Priestess of Avalon,  
Priestess of Gaia, Sister of the Silver Spiral.*

## GODDESS TEMPLE MADRONS

Goddess Temple Madrons are our amazing circle of supporters who donate a monthly amount to the Temple. Madrons receive entry into a monthly membership scheme of content, which connects them to the energies and activities of our Temple and the Lady of Avalon. We aim to offer a devotional path of practice that allows all who wish to journey with the Temple to discover the gifts of the Goddess. This includes:

- ❖ Seasonal prayers connecting you to the land around you and to the Goddess of the season
- ❖ Seasonal video filmed in Avalon
- ❖ Live streamed Virtual Full Moon Temple
- ❖ A private Facebook group for Madrons with additional content throughout the month and much more!

Together, we are creating a thriving, open hearted virtual community of Goddess loving people around the globe, spreading Her love into the world. We are so grateful to our wonderful Madrons, and to all who give to the Temple in so many ways, for your support.

Find out more about becoming a Goddess Temple Madron by visiting:

[www.goddess temple.co.uk/join-the-virtual-temple](http://www.goddess temple.co.uk/join-the-virtual-temple)

*Photo, Katia Pulli*





WOULD YOU LOVE TO BECOME A PRIESTESS OR PRIEST ORACLE?  
CAN YOU HEAR THE VOICE OF THE GODDESS INSIDE YOU?  
HOW DOES THE GODDESS COMMUNICATE TO YOU?



4 SESSIONS VIA  
**zoom**

# The Way of the Oracle

PRIESTESS/PRIEST ORACLE  
ONLINE INTRODUCTORY COURSE  
From 5th September 2025  
WITH PRIESTESS AND TRANCE  
MEDIUM  
**SALLY PULLINGER**




# Priestessing/Priesting Your Underworld

Two Year In-Person Training in  
Glastonbury  
with Sally Pullinger and Sophie Pullinger




This certificated course offers a unique opportunity to heal your hidden wounds and turn them into sources of wisdom and resilience. Through the exploration of your inner darkness, you will reclaim your personal power.

Spiral One: Eight Circles  
Begins 17/18 January  
2026



[www.goddess temple teachings.co.uk/priestessingunderworld/](http://www.goddess temple teachings.co.uk/priestessingunderworld/)

# THE WAY OF THE WILD SOUL SHAMANKA

WITH PRIESTESS OF AVALON AND SHAMANKA  
ANNA SAOQARA  
AND  
CORE SHAMANIC WAYSHOWER  
LOUISA SHORNEY

EXPLORE, EMBRACE AND  
DEVELOP THE GIFTS AND  
SKILLS OF THE WILD  
SHAPESHIFTER

**THREE SPIRALS**

**FROM 18<sup>TH</sup> OCTOBER 2025**



In person & blended learning options  
[goddess temple teachings.co.uk/wildsoulshamanka/](http://goddess temple teachings.co.uk/wildsoulshamanka/)





# The Goddess TEMPLE

The Goddess Temple is open every day between  
12-4 pm.  
2-4 High Street,  
Glastonbury, BA6 9DU

**WEEKLY EVENTS**

**Temple Tresures**  
every Friday 7:30 PM

**Temple Ceremonies**  
every Saturday 7:30 PM

**Sacred Sounds**  
every Sunday 7:30 PM

**Lady's prayer**  
every Saturday and Sunday  
9 AM

follow us on  
social media  
for more info





# *Happy Lammass from Goddess Temple Pilgrimages*

We had such a wonderful time on our Delphi Pilgrimage in May. Kyah May and myself took a beautiful group to the ancient land of prophecy and remembrance. The land that holds the key to the ancient mysteries. The land that so many of us as Priestesses remember.

It was a powerful journey. We had six full days visiting sacred places and honouring the ancient Goddesses and Nymphs. We visited the Temples of Athena, Artemis, Demeter, Persephone, as well as the cave of the Great Mother Goddess, Ge. We learned about the history and performed deep ceremonies on her earth, by her waters, and in her caves.

Every time we visit the connection gets deeper and the experience is stronger. If you are interested in visiting Delphi, Glastonbury, Stonehenge or Avebury, visit our website. Here are some pics of our time together.

*Lamma blessings, Iona Jones*





# The Crystal Citrine

For the season of Lammas I wish to talk about the crystal Citrine. It is a gemstone that is known for its radiant and uplifting energy and is a powerful tool for promoting healing and personal growth. Citrine is a member of the quartz family and shines with its golden yellow hue. Its name derives from the French word for lemon, and captures the essence of Citrine's sunny colour. This crystal, also known as the dark yellow citrine stone, is known for its vibrant energy and healing properties, making it a popular choice for those seeking to manifest joy, abundance and positivity in their lives. In addition to the dark yellow citrine, light yellow crystals can also be found within the citrine family, offering a softer and more subtle energy.

Throughout history, Citrine has been treasured for its radiant energy and known as the "light maker", this gemstone is said to bring abundance, optimism, and happiness to those who possess it. With its stunning shades of yellow, ranging from light to dark, offering unique benefits, such as fostering new relationships, promoting clarity, and boosting self confidence.

Natural Citrine is a gemstone formed from Mother Earth and is composed of silicon and oxygen. Its striking colour is a result of iron impurities or the Earth's heat naturally transforming amethyst or smoky quartz. However, natural Citrine is quite rare. Madeira Citrine is a unique type of Citrine with a reddish flare mixed with golden hues. This is achieved by heat treatment as is the amethyst which is the more common version.

Citrine carries a wealth of symbolism and cultural significance. Often associated with abundance, prosperity, and success, Citrine has been called the "Merchant's Stone" due to its believed ability to bring fortune to business and trades.

The vibrant energy of Citrine is said to bring out the best in people, helping them achieve their goals and manifest their dreams. It is also known as a powerful cleanser and energizer, helping to clear the body, invigorating the endocrine system,

boosting metabolism, encouraging tissue regeneration, reducing symptoms associated with menstrual and menopausal issues, such as hot flushes, hormone imbalance and fatigue.

On an emotional and mental level it can encourage more joy, releases anger and negative feelings, dissolves deep seated fears and destructive tendencies, boosts self confidence and fosters creativity and self expression.

Citrine boasts a rich history of use on jewellery and other decorative items dating back to ancient civilizations. Ancient Greeks used Citrine as a decorative gem during the Hellenistic Age, while Roman Priests fashioned it into rings and other types of jewellery. During the Victorian era, Citrine was widely used in Scottish jewellery and kilt pins.

Citrine is most commonly attributed to manifesting and you can create a grid using six points. With the points facing inwards create a triangle, placing the points down in a clockwise manner. Then proceed to create another triangle inside this one, with the other three points so that you create a Star of David. In the centre, place whatever it is you wish to manifest. I like to use a goldstone crystal to place in the centre and write on a piece of paper whatever it is I wish to manifest...

Goldstone is a manmade product that was first created in the 16th Century, being a product of alchemy!




Having Citrine in a sphere, this is said to radiate abundance and positive energies throughout your home. It is best placed in the far left corner of your home as you see it from your front door. Again, you can write on a piece of paper and place it underneath. Remember to ask your crystal to help you and be specific as they hold a consciousness and require communicating with.

So there you have it! My crystal for Lammas... Happy Manifesting!!!

*Patricia Sutherland, Priestess of Avalon, Priestess of Gaia, Sister of the Silver Spiral.*






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The Path of the Vitke/ Volva In-person Saturday 6th September

**WEEKEND ART WORKSHOP** 9th & 10th August 2025  
with Goddess Artist Tiana and Goddess Sculptress Susie Quatermass

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**FROM ANCIENT ROOTS TO THE PRESENT** with Kathy Jones  
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**INNER JOURNEYS TO THE HEART OF GODDESS** with Kathy Jones  
**CHAKRA BALANCING FOR BIRTH** with Alison Shaloe  
**EMBODIED BIRTH EXPERIENCE** with Freya Rose Birch

5th September  
20th September  
27th September  
1st November  
18th October  
17th January 2026  
24th January 2026  
13 February 2026  
13 February 2026



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